

Trafford Borough Network Christmas Cracker – Level 3 Open Meet  
(Affiliated to the North West Region, Lancashire County Water Polo and Swimming Association and Cheshire County Water Polo and Swimming Association) [traffordboroughnetwork@gmail.com](mailto:traffordboroughnetwork@gmail.com)

Swim21 Trafford Borough Network comprises of Altrincham Swimming club, Flixton Swim Team, Stretford Swimming Club and Trafford Metro swimming club. Affiliated to the SWIM ENGLAND and held under ASA laws and technical rules.



# Trafford Borough Network Christmas Cracker Level 3 Open Meet



ASA Level 3 Short Course Licensed Meet

Sunday 17<sup>th</sup> December 2017

Sale Leisure Centre,

Broad Road,

Sale,

Manchester,

M33 2AL

**License No – XXXXXXXXX**

**Promoting club – Flixton Swim Team**

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Cheshire County Water Polo and Swimming Association)  
[traffordboroughnetwork@gmail.com](mailto:traffordboroughnetwork@gmail.com)

## Information Pack and Entry Form

ASA Level 3 (Open to Category 2 ASA members).

License Number: xxxxxxxx

Date:	Sunday 17 <sup>th</sup> December 2017
Venue:	Sale Leisure Centre, Broad Road, Sale, Manchester, M33 2AL.
Facilities :	6 Lane, 25m Pool Colorado Dolphin Electronic Timing System
Session Times :	Session One : Warm up – 8am; start 9am Session Two : TBC
Age Groups :	9 Years, 10 Years, 11 Years, 12 Years, 13 Years, 14 Years, 15 and over
Awards:	Medals for top 3 in each age group, awards for 4-6 <sup>th</sup> place
Entries:	Cost Per Individual Entry : £4 (Electronic Entry)/ £5 (Paper) Coaches Pass: £10 includes start sheets, program and poolside entry. (Clubs who offer a licenced official for the meet will be given a free coaches pass)
Entry Times:	Please check consideration times carefully. Please provide REALISTIC estimated times if previous ranking times are not available.
Age on Day:	Age as on day of Competition (17/12/17)
All Entries to:	Philip Ramsbottom 30 Gladstone Road Urmston Manchester M41 0XZ Cheques payable to SASC

Please email the club Sportsystems entry file to the below address before the closing date.

Email: [traffordboroughnetwork@gmail.com](mailto:traffordboroughnetwork@gmail.com)

**Closing Date – Sunday 3<sup>rd</sup> December  
2017**

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## **Sunday 17<sup>th</sup> December 2017**

**(under ASA Laws and ASA Technical Rules)**

**Session One: Warm up - 8am Start – 9am**

<b>Event No.</b>	<b>Age</b>	<b>Event</b>
<b>101 Boys</b>	<b>9 &amp; Over</b>	<b>100m Individual Medley</b>
<b>102 Girls</b>	<b>9 &amp; Over</b>	<b>50m Butterfly</b>
<b>103 Boys</b>	<b>9 &amp; Over</b>	<b>100m Butterfly</b>
<b>104 Girls</b>	<b>9 &amp; Over</b>	<b>50m Breaststroke</b>
<b>105 Boys</b>	<b>9 &amp; Over</b>	<b>50m Breaststroke</b>
<b>106 Girls</b>	<b>9 &amp; Over</b>	<b>100m Backstroke</b>
<b>107 Boys</b>	<b>9 &amp; Over</b>	<b>100m Backstroke</b>
<b>108 Girls</b>	<b>9 &amp; Over</b>	<b>50m Freestyle</b>
<b>109 Boys</b>	<b>9 &amp; Over</b>	<b>100m Freestyle</b>

**Session Two: Times TBC when entries known**

<b>Event No.</b>	<b>Age</b>	<b>Event</b>
<b>201 Girls</b>	<b>9 &amp; Over</b>	<b>100m Individual Medley</b>
<b>202 Boys</b>	<b>9 &amp; Over</b>	<b>50m Butterfly</b>
<b>203 Girls</b>	<b>9 &amp; Over</b>	<b>100m Butterfly</b>
<b>204 Boys</b>	<b>9 &amp; Over</b>	<b>100m Breaststroke</b>
<b>205 Girls</b>	<b>9 &amp; Over</b>	<b>100m Breaststroke</b>
<b>206 Boys</b>	<b>9 &amp; Over</b>	<b>50m Backstroke</b>
<b>207 Girls</b>	<b>9 &amp; Over</b>	<b>50m Backstroke</b>
<b>208 Boys</b>	<b>9 &amp; Over</b>	<b>50m Freestyle</b>
<b>209 Girls</b>	<b>9 &amp; Over</b>	<b>100m Freestyle</b>

## Consideration Times -

All entry times must be between the upper and lower times given below. Checks will be made against the current ASA rankings database. (Estimated times accepted only for swimmers without a previous time in the event)

Boys Consideration Times							Short Course 25m			Girls Consideration Times						
9	10	11	12	13	14	15	QT	Events	QT	15	14	13	12	11	10	9
							Upp	50m Free	Upp							
58.00	55.00	50.00	43.00	40.00	39.00	38.00	Lwr		Lwr	39.00	40.00	41.00	44.00	51.00	55.00	58.00
1:04.00	1:02:50	1:01.47	59.93	57.85	55.70	53.31	Upp	100m Free	Upp	58.88	59.21	1:00.21	1:01.56	1:02.01	1:03.50	1:05.00
1:54.00	1:50.00	1:46.00	1:38.00	1:26.00	1:24.00	1:23.00	Lwr		Lwr	1:25.00	1:26.00	1:28.00	1:39.00	1:48.00	1:53.00	1:57.00
							Upp	50m Back	Upp							
1:03.00	59.00	55.00	51.00	47.00	45.00	44.00	Lwr		Lwr	47.00	48.00	50.00	53.00	56.00	59.00	1:03.00
1:11.00	1:09.50	1:08.00	1:06.20	1:04.93	1:01.53	58.87	Upp	100m Back	Upp	1:02.51	1:04.86	1:06.79	1:09.80	1:10.29	1:11.50	1:12.90
2:05.00	2:01.00	1:55.00	1:49.00	1:44.00	1:38.00	1:36.00	Lwr		Lwr	1:41.00	1:42.00	1:47.00	1:50.00	1:56.00	2:02.00	2:06.00
							Upp	50m Breast	Upp							
1:10.00	1:06.00	59.00	57.00	53.00	49.00	48.00	Lwr		Lwr	49.00	50.00	55.00	58.00	1:00.00	1:06.00	1:10.00
1:22.50	1:20.50	1:19.01	1:17.50	1:14.40	1:10.50	1:08.91	Upp	100m Breast	Upp	1:14.09	1:15.42	1:16.00	1:18.50	1:19.34	1:20.50	1:22.50
2:17.00	2:13.00	2:08.00	2:04.00	1:54.00	1:46.00	1:45.00	Lwr		Lwr	1:50.00	1:51.00	1:58.00	2:06.00	2:09.00	2:14.00	2:18.00
							Upp	50m Fly	Upp							
1:05.00	1:02.00	55.00	52.00	49.00	44.00	43.00	Lwr		Lwr	44.00	45.00	50.00	53.00	56.00	1:02.00	1:05.00
1:12.50	1:10.50	1:08.11	1:06.44	1:04.54	1:01.57	59.98	Upp	100m Fly	Upp	1:04.37	1:05.53	1:06.62	1:08.19	1:09.65	1:11.50	1:13.50
2:12.00	2:06.00	2:00.00	1:54.00	1:46.00	1:36.00	1:35.00	Lwr		Lwr	1:40.00	1:41.00	1:50.00	1:55.00	2:01.00	2:07.00	2:13.00
1:30.00	1:22.50	1:20.00	1:15.50	1:10.00	1:04.50	59.80	Upp	100m IM	Upp	1:00.90	1:05.60	1:11.00	1:16.50	1:21.00	1:23.50	1:31.00
2:20.00	2:10.00	2:00.00	1:55.00	1:48.00	1:45.00	1:44.00	Lwr		Lwr	1:51.00	1:52.00	1:55.00	2:02.00	2:06.00	2:11.00	2:21.00

## Venue

**Sale Leisure Centre,**

**Broad Road,**

**Sale,**

**Manchester,**

**M33 2AL**

**6 Lane, 25 metre Pool**

**No swim down facilities available**

<b>Parking</b>	Limited parking is available at Sale Leisure Centre, including disabled car parking and bicycle parking. There is further parking in the pay and display car park opposite.
<b>Metrolink</b>	There is a tram stop very near to the leisure centre
<b>Bus</b>	There is a Bus stop right outside the leisure centre
<b>Bike</b>	We have bike racks outside the leisure centre

**Warm up Procedure – will be published once all entries have been received and entry deadline has passed.**

**Please note: Coaches are responsible for their swimmers in the warm up period.**

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### Individual Entry Form

Note – Submitted time will be check against BS rankings

Rankings time will be used if found to be faster than submitted times

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
 \_\_\_\_\_

GENDER – MALE / FEMALE (PLEASE CIRCLE)

EMAIL \_\_\_\_\_

D.O.B \_\_\_\_\_ AGE AS OF 17/12/17 \_\_\_\_\_

ASA (Cat 2) REG No \_\_\_\_\_

SWIMMING CLUB \_\_\_\_\_

Event No.	Event/Distance	Submitted Time
	50m Freestyle	
	100m Freestyle	
	50m Backstroke	
	100m Backstroke	
	50m Breaststroke	
	100m Breaststroke	
	50m Butterfly	
	100m Butterfly	
	100m IM	

Total number of entries .....

Total cost of entries (£4 per event for electronic entries – sportssystem, £5 per event for  
 paper entries) .....

Please make cheques payable to SASC

Please put swimmers name and club on the reverse of cheques... Thank you

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## Club Entry Form

Name of Club.....  
Name of Comp. Sec.....  
Address.....  
Postcode.....Tel.....  
Email.....

Male Entry Fees.....@£4

Female Entry Fees.....@£4

Coaches Passes.....@£10

As all poolside personnel require DBS clearance. Please make sure you provide the names and DBS numbers of the coaches / helpers who will be present on poolside on the day of the event.

Name	DBS No.

I can confirm all competitors are ASA Category 2 registered members of the club.

Signed.....

Please enclose all cheques payable to SASC.

## Meet Conditions

The meet will be held under ASA Laws & ASA Technical Rules on Sunday 17th December 2017 at Sale Leisure Centre, Broad Road, Sale, Manchester M33 2AL.

The pool is a 25m, 6 lane pool with the use of electronic timing and anti-wave lane ropes. The competition is open to amateurs only, as defined by ASA Law.

The meet will be 'Cardless'.

- 1 – Award Age groups will be by age as of the 17/12/2017
- 2 – A competitor may only compete under the name of one club.
- 3 – Officials from the county and regional lists as applicable.
- 4 – Application for entry must have been correctly submitted by the specified date and accepted by the Promoter. Entries will be accepted on a first-come first-served basis. The Promoter reserves the right to reject any entry. Late entries may be accepted if the meet is undersubscribed.
- 5 – All starts will be into deep water (1.8m). 'Over the Top Starts' will be used for all events except Backstroke.
- 6 – Events will be seeded on submitted times. The promoter reserves the right to reduce the number of entries due to time constraints – even when swimmers comply with the meet Consideration Times. 2
- 7 – All individual events are Heat Declared Winners. Swimmers will compete in one age group only, that being dictated by their 'age on the day'.
- 8 – The three fastest swimmers in each age group, per event, will receive a medal. Swimmers finishing in 4<sup>th</sup> to 6<sup>th</sup> position will also receive an award.
- 9 – Age groups for top swimmers per event are as follows: 9, 10, 11, 12, 13, 14, 15 & Over.
- 10 – Swimmers will collect their awards from the awards desk as the meet proceeds.
- 11 – All swimmers must abide by the Health and Safety rules that are on display at poolside. Any swimmer contravening these rules may be excluded from the remainder of the meet. No glass bottles on poolside. Shoes to be worn when leaving poolside.
- 12 – The promoter reserves the right to refuse admission to any competitor or spectator.
- 13 – Anything not covered within these rules to be at the discretion of the meet Promoter.
- 14 – Any club offering a licenced official for the duration of the meet will be given a free coaches pass. Any non-swimmer on poolside must be in possession of a coaches pass (£10).
- 15 - Please note there is no swim down facility at the pool. A separate warm up for both girls and boys will precede the start of each session these may be divided on age if swimmer numbers are large. Swimmers should bring their own skipping ropes etc. for cool down. Coaches, you are responsible for your swimmers at all times. NO DIVING AT SHALLOW END AT ANY TIME



